

# ***Kulbersh Women's Center***

## ***Office Hysteroscopy***

\_\_\_\_\_, your appointment for your hysteroscopy  
is \_\_\_\_\_, \_\_\_\_\_, 2011 at \_\_\_\_\_ am/pm.

Your financial responsibility at time of service is \$\_\_\_\_\_.

### ***What is a hysteroscopy?***

A hysteroscopy is a procedure that allows Dr. Kulbersh, Dr. Miller or Dr. Imperial to look inside the uterus (womb) with a special telescope connected to a high definition monitor.

### ***What is the purpose of hysteroscopy?***

This procedure will allow the doctor to diagnose many abnormalities of the uterus that could cause abnormal or irregular uterine bleeding, bleeding after the menopause, or loss of pregnancy. Hysteroscopy is often performed prior to scheduling an endometrial ablation to sample the uterine lining and to make sure that an ablation is the proper choice of treatment. It will determine if there is an abnormal build up of endometrial lining called a polyp and will determine if a fibroid tumor might be present within the uterine cavity. A biopsy of the lining will check for cancer or precancerous cells.

### ***What happens during the procedure?***

Hysteroscopy will be performed in the office in the procedure room. A speculum will be placed in the vagina to visualize the cervix or the mouth of the womb. (Just like with a Pap smear). A small and flexible tube (the hysteroscope) will be gently inserted into the uterus. The walls of the uterus are typically touching each other so the uterus is expanded with saline to open the uterine cavity to get better view. Depending on the findings, a directed or generalized biopsy of the lining may be obtained.

### ***Does it hurt?***

Most women only experience mild discomfort. If you are particularly concerned about your ability to tolerate the procedure, the doctor may prescribe a stronger pain medicine along with a relaxing medication to take along with Motrin one hour before the procedure. You will need someone to drive you home after the procedure if you require additional medications.

### ***How long does hysteroscopy take?***

The entire procedure will take about 5 to 10 minutes.

### ***What preparations are necessary?***

Be sure to take 800mg of Motrin or 3-4 Advil one hour prior to the time the procedure is scheduled. This is effective in preventing cramping. It is fine to perform hysteroscopy during your period. It is fine to eat as usual before the procedure.

### ***What about after the Hysteroscopy?***

Some light bleeding or spotting is expected for a few days and tampons or pads are acceptable. There are no restrictions placed on your activity. For cramping, Motrin or Advil is usually effective. Avoid intercourse for 1 week. For any problems, you can call the office at (803) 732-4608.

### ***What about finding out the results?***

The doctor will discuss the findings at that time of the procedure. If a biopsy is taken, it takes about 10 days to get the final report. Your results will be placed on SecuReach. Kulbersh Womens Center appreciates you trusting us with your healthcare.